

# Temporomandibular Jawbone disorder (TMD)

## Temporomandibular Joint (TMJ) Evaluation Form (Completed by patient)

Evaluation Patient's Name: \_\_\_\_\_  
FIRST LAST

TODAYS DATE (MM/DD/YYYY): \_\_\_\_/\_\_\_\_/\_\_\_\_ AGE \_\_\_\_

In Your own words please explain your goals for coming here:

- a) \_\_\_\_\_
- b) \_\_\_\_\_
- c) Date Problem Began \_\_\_\_/\_\_\_\_/\_\_\_\_ Age Problem Began: \_\_\_\_\_
- d) Previous Facial Injury? YES NO If YES, When Was the Injury (MM/YY) \_\_\_\_/\_\_\_\_
- e) If Yes, Please provide details of the Injury \_\_\_\_\_
- f) \_\_\_\_\_

Please Check If You Have Had Any Of The Following:		Good	Fair	Poor
ORTHODONTICS	Date:			
OCCLUSAL ADJUSTMENT	Date:			
PHYSICAL THERAPY	Date:			
TMJ SPLINT	Date:			
TMJ ARTHROSCOPIC SURGERY	Date:			
TMJ OPEN JOINT SURGERY	Date:			
TMJ PROSTHETIC	Date:			

What doctors or other health care professionals have you seen regarding this Pain/Problem?

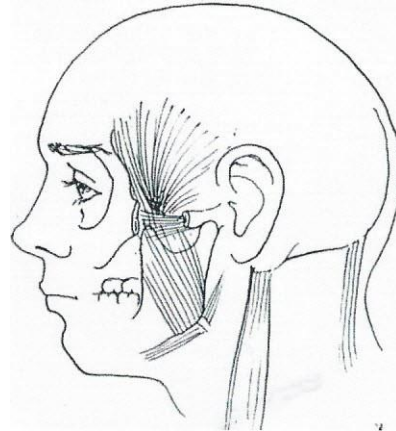
- a) \_\_\_\_\_ (MM/YY) \_\_\_\_/\_\_\_\_
- b) \_\_\_\_\_ (MM/YY) \_\_\_\_/\_\_\_\_

Past Medications Taken for TMJ: \_\_\_\_\_

Current Medications Taken for TMJ: \_\_\_\_\_

Indicate On The Following On The Following Scale How Severe Your Pain Is The Majority Of The Time.





**Indicate where on the diagrams you are having pain**

Is the Pain? Constant Intermittent  
 Does It Hurt To Move Your Jaw? Yes No  
 Does It Hurt To Chew? Yes No  
 Does The Pain/Problem Limit Your Ability day to day? If So how? \_\_\_\_\_  
 \_\_\_\_\_

When is the pain worse? (Circle One) Morning Afternoon Evening  
 Other Time pain is noticeably worse? \_\_\_\_\_  
 Have you identified anything that makes the pain worse? \_\_\_\_\_  
 \_\_\_\_\_

Have you identified anything that reduces or mitigates the pain? \_\_\_\_\_  
 \_\_\_\_\_

Does Your Jaw Ever Lock Open? \_\_\_\_\_ Closed? \_\_\_\_\_  
 How Has This Been Treated? If yes, explain \_\_\_\_\_  
 \_\_\_\_\_

Are you aware if there is a way to prevent, recover quickly or treat this? If yes, explain  
 \_\_\_\_\_  
 \_\_\_\_\_

Do You Grind or Grit your Teeth? Yes No

**Do You Have or Have Had Any of the Following?**

Sinus Problems \_\_\_\_\_ Hearing Changes \_\_\_\_\_ Stressful Job \_\_\_\_\_  
 Sensitive Teeth \_\_\_\_\_ Ringing In Ears \_\_\_\_\_ Marital Problems \_\_\_\_\_  
 Periodontal Disease \_\_\_\_\_ Dizziness \_\_\_\_\_ Trouble Sleeping \_\_\_\_\_  
 Headaches \_\_\_\_\_ Shoulder Pain \_\_\_\_\_ Ulcers \_\_\_\_\_

Migraines \_\_\_\_\_ Arthritis \_\_\_\_\_ Nervous Stomach \_\_\_\_\_  
Neck Ache \_\_\_\_\_ Skin Diseases \_\_\_\_\_ Allergies \_\_\_\_\_  
Ear Ache \_\_\_\_\_ Depression \_\_\_\_\_ To What? \_\_\_\_\_

List Other Medical Problems: \_\_\_\_\_

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Using the scale below please mark how much the pain is having an effect on my life.

0 \_\_\_\_\_ 1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_ 5 \_\_\_\_\_ 6 \_\_\_\_\_ 7 \_\_\_\_\_ 8 \_\_\_\_\_ 9 \_\_\_\_\_ 10

No Effect	Slight Effect - I	Moderate Effect	Severe Effect	Debilitating
	can function and	Most days I	Most days I	Rarely Can
	am aware of pain	can function	cannot function	Function